Programs for Services Access

The Women University of Azad Jammu and Kashmir, Bagh, is committed to improving access to essential services that enhance the health, well-being, and standard of living of students and the wider community. Through various outreach initiatives, awareness campaigns, training programs, and community service activities, the University strives to ensure that individuals, particularly women and disadvantaged groups, can benefit from quality health, educational, social, and welfare services. These initiatives not only address immediate community needs but also contribute to long-term social development and improved quality of life. A few examples of the programs and activities conducted during 2024 to facilitate access to basic services are summarized below:

Blood Donation Camps

To support public health and emergency medical care, the Women University of Azad Jammu and Kashmir, Bagh, organized blood donation camps in collaboration with relevant health organizations and volunteers. These camps were conducted to help meet the blood requirements of patients suffering from thalassemia, individuals undergoing surgeries, and victims of road traffic accidents and other medical emergencies. By encouraging voluntary blood donation, the University contributes to saving lives, strengthening community health support systems, and promoting social responsibility among students and community members.



The Annual Blood Conference
December 18, 2025



Blood Donation Camp
2025

Mental Health Awareness and Psychological Well-Being

Recognizing the growing challenges of stress, anxiety, and other psychological issues arising from academic, professional, and social pressures, In collaboration with the Department of Psychology, the Department of Allied Health Sciences conducted a Mental Health and Counseling Session for students of schools. The session focused on stress management, emotional well-being, and the importance of mental health awareness.







Free Medical Camp for the Community

As part of its commitment to ensuring access to basic healthcare services for all, the Women University of Azad Jammu and Kashmir, Bagh, organized free medical camps and provided free health check-up facilities through its Medical Centere. These initiatives offered community members access to medical consultations, basic health screenings, and professional healthcare advice at no cost. The program particularly benefited underserved and low-income populations by promoting preventive healthcare and early diagnosis of health conditions.

Free Medical Check-Up Camp 2025





Seminar on Breast Cancer Awareness

A Seminar on Breast Cancer Awareness was conducted, to educate students, faculty members, and community participants about the importance of early detection, prevention, and timely treatment of breast cancer. The session highlighted common risk factors, warning signs, screening methods, and self-examination techniques, emphasizing the critical role of awareness in reducing the impact of the disease.

Medical professionals and health experts provided guidance on maintaining a healthy lifestyle, the importance of regular medical check-ups, and available support services for patients and their families. Through this initiative, the University contributed to promoting women's health, encouraging preventive healthcare practices, and raising awareness about one of the most common health challenges affecting women.

Seminar on Health, Nutrition, and Food Security 2025







Seminar on Safe Drinking Water and Provision of Safe Water

The University organized a seminar on April 14, 2025 to raise awareness about the importance of safe and clean drinking water and the adverse health effects associated with contaminated water sources. The event educated students and community members about waterborne diseases, hygiene practices, and methods for ensuring access to safe drinking water. To further support this initiative, a water filtration plant, installed with the support of a partner NGO, is available on the University campus. Community members can access filtered drinking water free of charge promoting healthier living and improved public health outcomes.

Seminars on Safe Drinking Water and Water, Sanitation, and Hygiene





